



Helsinki Declaration 27th January 2021

Medically Assisted Dying *in the Nordic countries*

Death is unavoidable, and there is an increasing belief worldwide that people should be allowed to choose the time and manner of their death when suffering is intolerable even with good palliative care. We strongly believe that all competent individuals should have the right to end intolerable and hopeless suffering by seeking medical assistance to hasten death, joining 28 countries/states across the globe where various choices of medical aid in dying are already legal.

The Nordic Associations for Dignity in Dying urgently demand the respective governments to take serious legal measures to ensure that individuals in the Nordic countries have the choice to avoid unnecessary and unbearable suffering and are entitled to legal (medical) aid in dying, if this is their rational, well-considered and voluntary request.

Helsinki, Stockholm, Oslo, Reykjavik, Copenhagen



Exitus ry – Finland | www.exitus.fi/

Rätten Till en Värdig Död – Sweden | www.rtdv.nu/

Foreningen Retten til en Verdig Død – Norway | www.livstestament.org/

Lífsvirðing, félög um dánaraðstoð – Iceland | <https://lifsvirding.is/>

Ret til at dø - Denmark | www.facebook.com/rettilatdoeDanmark